



HALDENSK.OMAPS.IO



TRAINING IN HALDEN

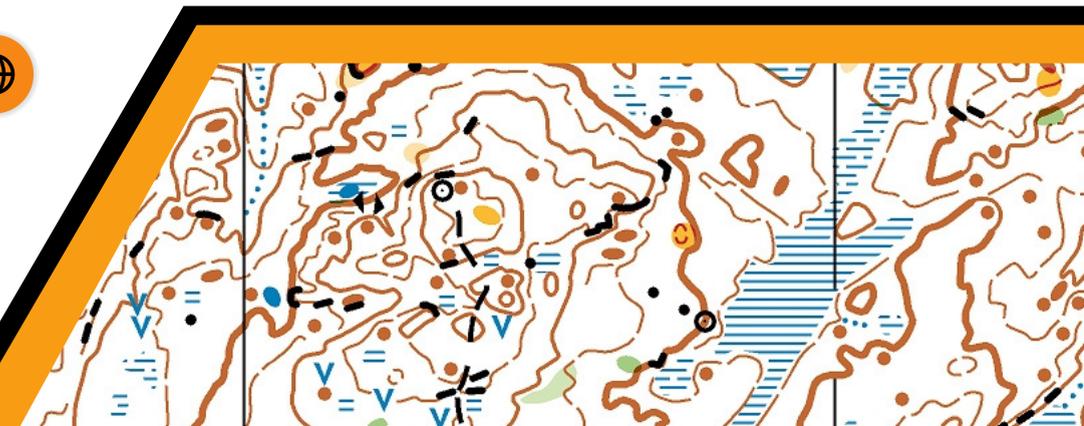
EASTER O PACKAGE

Enjoy our 10 training sessions on some of our best areas in Halden, with varied and challenging courses. Also a great opportunity to get in shape for Halden O Meeting!

More Information
www.haldensk.no
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#VISITHALDEN



EASTER O PACKAGE TRAINING IN HALDEN



Code	Training	Map	Length	Forking?	Scale	Parking
EOP24-01	Unforked interval	Ertemarka	4.4k (5x850m)	No	10000	59.122004, 11.481488
EOP24-02	Forked interval (short)	Thuletjern	5.4k (5x1k)	Yes	10000	59.201665, 11.272606
EOP24-03	Forked interval (long)	Røsnesåsen	7.3k (3x2.3k)	Yes	10000	59.127429, 11.226185
EOP24-04	Diamond	Akselås	9.0k	Yes	10000	59.203745, 11.318726
EOP24-05	First leg relay	Skårefjell	7.1k 5.4k	Yes	10000	59.088794, 11.462868
EOP24-06	Middle	Hauglund	4.8k 3.7k	No	10000	59.141093, 11.629993
EOP24-07	Long	Brattås	11.3k 8.7k 6.5k	No	10000	59.172051, 11.585357
EOP24-08	Prologue + final	Guttersrød	3.2k + 3.6k	No	10000	59.247023, 11.342843
EOP24-09	Sprint	Tistedal	3.2k	No	4000	59.131953, 11.454788
EOP24-10	Sprint	Halden Sentrum	3.2k	No	4000	59.126873, 11.388662

